

# Regatta Races ~ July 6th-8th

## Friday, July 6

7:00 a.m.-8:00 p.m. Marina Shack Open

9:00a.m.-2:00p.m. Drop-In Knockerball Open at Front Field

9:00 a.m.-11:00 p.m. Open Gym

10:00 a.m.-5:00 p.m. Adventure Park Open

10:00 a.m.-10:00 p.m. Mini Golf Shack Open

10:00 a.m. - 10:00 p.m. Clubhouse Open

10:00 a.m.-8:00 p.m. Outdoor & Indoor Pools Open

### 12:00 MyIntent Jewelry Stamping @ WAC Craft Room

"What's Your WORD?" Is there a special word that means something to you? Something you want to focus on? Or is there a name or date that's special to you? Stamp your word on a token and we'll attach it to a key chain (\$15), bracelet (\$20), or necklace (\$25)

3:00 Monopoly @ Clubhouse, Ages 18 & Up

4:00 WAR Card Game @ Treetop Lounge, All Ages

5:00 Checkers @ Treetop Lounge, Ages 6 & Up

6:00 Jump Rope Fun @ Gym, All Ages



### 7:00 -10:00 Bonfire @ Marina Fire Pit!

Come join us for a pleasant fire at the Marina fire pit. Marshmallows will be provided on a first come, first served basis.

8:00 "Guardians of the Galaxy" (PG) @ Treetop Lounge  
Popcorn is available for \$1/bag, see REC Staff - first come, first served!

## Sunday, July 8

7:00 a.m.-8:00 p.m. Marina Shack Open

9:00a.m.-2:00p.m. Drop-In Knockerball Open at Front Field

9:00 a.m.-10:00 p.m. Open Gym

10:00 a.m.-5:00 p.m. Adventure Park Open

10:00 a.m.-10:00 p.m. Mini Golf Shack Open

12:00 p.m.-10:00 p.m. Clubhouse Open

10:00 a.m.-8:00 p.m. Outdoor & Indoor Pools Open

9:00-12:00: WISE Church Service With Pastor Todd Stubblefield @ Clubhouse, All are welcome!

### 9:00 Paper Roll Castles @ WAC Craft Room, (\$1)

10:00 Horseshoes For Fun @ Horseshoe Pits   
All Ages

11:00 Coloring Contest Winner Announced at Gym

### 11:00 Watermelon Fans @ WAC Craft Room (\$1)

12:00 Balloon Tower Challenge @ Treetop Lounge  
Ages 12 & up

### 1:00 Hand Print Crabs @ WAC Craft Room, (\$1)

2:00 Connect Four @ Treetop Lounge, All Ages

3:00 Freeze Pop Bingo @ REC Pavilion, All Ages



4:00 I'm Goin' Huntin' Memory Game  
@ Treetop Lounge, Ages 10 & Up

5:00 Pass-n-Shoot @ Gym, Ages 12 & Up

6:00 Freeze Tag @ Soccer field, Ages 8 & Up

7:00 "Spiderman 2" (PG) @ Treetop Lounge  
Popcorn is available for \$1/bag, see REC Staff - first come, first served!

## Saturday, July 7

7:00 a.m.-8:00 p.m. Marina Shack Open

9:00a.m.-2:00p.m. Drop-In Knockerball Open at Front Field

9:00 a.m.-11:00 p.m. Open Gym

10:00 a.m.-5:00 p.m. Adventure Park Open

10:00 a.m.-10:00 p.m. Mini Golf Shack Open

10:00 a.m. - 9:00 p.m. Clubhouse Open

10:00 a.m.-8:00 p.m. Outdoor & Indoor Pools Open

### 9:00-2:00 Drop-In Knockerball®

Stop by the field by Mini Golf between the hours of 9 a.m.-2 p.m. (depending on weather & heat index) to play without needing a reservation. 10 minutes of play available during this time for just \$5! Reservations receive first priority.

### 10:00 Painted Shells @ WAC Craft Room (\$1)



### 11:00 Dodgeball Tournament @ Gym

Ages 14 & up, 5 person teams, \$2/person  
Sign-up in the Gym by 10:30 a.m.

11:00 Water Aerobics @ Indoor Pool

Pool Closed to open swimming for the duration of class.

### 12:00 Ceramics @ WAC Craft Room (\$5)

### 1:00 Wilderness Regatta @ Sandy Beach

Teams will collect supplies and assemble their own homemade watercraft to race around the specified water track located near the Sandy Beach Picnic area. All watercraft materials MUST be modified from their original form. No factory made oars/paddles or boats. Ages 14 & under are permitted to ride/operate the watercraft only if their parent or legal guardian is on board at all times. Ages 15- 17 may operate the watercraft without an adult, provided that a parent or legal guardian signs a waiver of liability prior to the event. Limit of four participants per watercraft. Sign-up in the Gym by 11 p.m. on 7/6 to participate.  
**WINNER RECEIVES A FREE NIGHT IN A CABIN!!!**


### 2:00 Adult Mug Painting @ WAC Craft Room (\$5)

3:00 Volleyball @ Sand Volleyball Court, Ages 14 & up

4:00 Monopoly @ Treetop Lounge, Ages 8 & Up

5:00 Corn Hole @ Soccer Field, All Ages

6:00 Legos @ Treetop Lounge, All Ages

7:00 Pickle Ball @ Gym Tennis Courts  
Ages 12 & Up 

8:00 "Despicable Me" (PG) @ Treetop Lounge  
Popcorn is available for \$1/bag, see REC Staff - first come, first served!

### 9:00-11:00 Adventure Course Night Tour

Soar through the sky in the dead night with a headlamp illuminating your way! \$18 per person for 2 laps/ \$15 for two laps with Wilderness ID. Must wear toed athletic shoes. Ages 5 & up, weight restriction of 40-250lbs.



11:00 p.m. - 12:00 a.m. Midnight Bingo @ Gym  
All Ages, Come out and enjoy some late night bingo for some fun prizes!

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For the safety and enjoyment of everyone, all children ages 12 & under must be accompanied by an adult 18 years or older.



Jon Boats & Paddle Boats may be rented from the Marina Daily between 7 a.m. - 8:00 p.m.  
 Jon Boats: \$5/hour or \$25/all day  
 Paddle Boats: \$5/half hour

Mini-Golf Equipment can be rented from the Mini-Golf Shack Daily from 10:00 a.m.— 10:00 p.m. Last game will go out a half hour before closing.  
 \$1 Members/Guests Staying on the property,  
 \$2/ Public, Kids Under 5 & Under are FREE



The Adventure Park is open daily from 10:00 a.m.-5:00 p.m. with a break in the day from 1:30–2:00 p.m.

In case of inclement weather, check with the Gym to see where scheduled outside activities will take place.

Gym phone # 540-972-7433, ext. 8.

## Upcoming July Weekend Events

|            |   |
|------------|---|
| July 14-15 | Family Carnival, Family Dance<br>Pinball Soccer, Bocce Ball |
| July 21-22 | Family Beach Olympics,<br>Lawn Chair Movie                  |
| July 28-29 | Small Business Saturday, Paint<br>Night, Outdoor Band       |

## Coloring Contest

Stop by the Gym to pick up your copy of the coloring contest sheet. Entries due by 10 a.m. Sunday morning.

Winner announced at 11 a.m. on Sunday and will receive one free round of mini-golf.

## Reminder:

Please don't feed the Swans or Geese! Thank you!



## Things To Do Around Town This Weekend

### First Friday Face Off Round Four!

**Where:** Downtown Fredericksburg 615 Caroline St

**When:** Friday July 6, 2017 6:00 p.m.—10:00 p.m.

**Description:** Every first Friday through the end of the year – starting Friday, April 6th, join us at Katora Coffee for live competitive painting. Two artists face off each month competing for a month of gallery space on our upstairs back wall. We provide the canvas and easel. You bring the medium. \$5 to cast a vote. Proceeds will be split between artists. Consider it a crowdfunded social experiment to select the winner. The setting for the competition is this – 4 hours, head-to-head and we provide the theme selected randomly utilizing two nouns and a verb. For example, dancing ninja chickens. Interpret that how you will. The crowd will decide your fate. Now fight! We will list the competitors here. Stay tuned to see our pairings. Come back in December to celebrate our one year anniversary and to see all the winners compete in the Battle Royale Katora-style!

### Freedom Express 2018

**Where:** 11700 Main St

**When:** Friday, July 7, 2018 9:00 a.m.

**Description:** Join the Rappahannock Railroad Museum in its annual celebration of our Independence. We will run our maintenance train as usual providing guests with train rides along Deep Run Spur. Also available are scheduled displays by the Spotsylvania Sheriff's Department and the Fredericksburg Volunteer Fire Department and a "Barrell Train". This year, our new ADA compliant (Handicap accessible) Air Conditioned Museum Building is open with operating model railroads in O and HO scale for your viewing pleasure in addition to some exhibits from our Cabooses and Baggage Car plus perhaps some new ones. Come take a look. A food truck will also be available for light refreshments. "Beach Fries".

For more info on what to do in town, check out [visitfred.com](http://visitfred.com)