

September 2018 WEEKDAY ACTIVITY SCHEDULE

Monday

9 a.m.-9 p.m. Open Gym
 12p.m.-8p.m. Indoor Pool Open
 See opposite side for Pool Info.
 10a.m.-9p.m. Clubhouse Open

10:00 & 11:15 Water Aerobics
 Class @ Indoor Pool
 The Indoor Pool will be closed
 to swimmers for the duration
 of the class.

11:00 Scrabble @ Clubhouse
 Ages 18 & Up

12:00 Color Your Own Tote
 Bag @ Treetop Lounge
 All Ages (\$5)

1:00 Playdough Fun
 @ Treetop Lounge
 All Ages

2:00 Darts @ Clubhouse
 Ages 18 & Up

3:00 Lego Fun
 @ Treetop Lounge
 All Ages

4:00 Chess @ Treetop Lounge
 Ages 12 & Up

5:00 3-on-3 Basketball @ Gym
 Ages 18 & Up

6:00 Badminton @ Gym
 Ages 6 & Up

7:00 Movie Night
 @ Treetop Lounge
 Check the Gym for
 weekly movie schedule.
 Popcorn will be sold for
 \$1.00/per bag.



Tuesday

9 a.m.-9 p.m. Open Gym
 12p.m.-8p.m. Indoor Pool Open
 See opposite side for Pool Info
 10a.m.-9p.m. Clubhouse Open

10:00 Leisure Walk/Run
 @ Fitness Trail

11:00 Crosswords
 @ Clubhouse
 Ages 18 & Up

12:00 Color Your Own Tote
 Bag @ Treetop Lounge
 All Ages (\$5)

1:00 Ladder Ball @ Gym
 Ages 12 & Up

2:00 Battleship
 @ Treetop Lounge
 All Ages

3:00 The Game of Pool
 @ Clubhouse
 Ages 18 & Up

4:00 Knock Out @ Gym
 Ages 6 & up

5:00 Ping Pong @ Gym
 Ages 6 & Up

6:00 Life! Board Game
 @ Treetop Lounge
 Ages 6 & up

7:00 Movie Night
 @ Treetop Lounge
 Check the Gym for
 weekly movie schedule.
 Popcorn will be sold for
 \$1.00/per bag.



Wednesday

9 a.m.-9 p.m. Open Gym
 12 p.m.-8 p.m. Indoor Pool Open
 See opposite side for Pool Info
 10a.m.-9p.m. Clubhouse Open

10:00 & 11:15 Water Aerobics
 Class @ Indoor Pool
 The Indoor Pool will be closed
 to swimmers for the duration
 of the class.

10:00 Puzzles @ Clubhouse
 Ages 18 & Up

11:00 Candy Land
 @ Treetop Lounge
 Ages 3 & up

12:00 Color Your Own Tote
 Bag @ Treetop Lounge
 All Ages (\$5)

1:00 Freeze Tag @ Gym
 All Ages

2:00 Tennis
 @ Tennis Courts
 Ages 12 & Up

3:00 Scooter Races @ Gym
 Ages 8 & Up

4:00 Racquetball
 @ Racquetball Court
 Ages 6 & Up

5:00 Cartoons & Coloring
 @ Treetop Lounge, All Ages

6:00 Floor Hockey
 @ Gym, Ages 8 & Up

7:00 Movie Night
 @ Treetop Lounge
 Check the Gym for
 weekly movie schedule.
 Popcorn will be sold for
 \$1.00/per bag.



Thursday

9 a.m.-9 p.m. Open Gym
 12p.m.-8p.m. Indoor Pool Open
 See opposite side for Pool Info
 10 a.m.-9 p.m. Clubhouse Open

10:00 Sudoku & Coffee
 @ Clubhouse, Ages 18 & Up

11:00 Pickleball @ Gym
 Ages 18 & Up

12:00 Color Your Own Tote
 Bag @ Treetop Lounge
 All Ages (\$5)

1:00 Crafts @ WAC Craft
 Room (\$)

2:00 Red Light! Green Light!
 @ Softball Field
 Ages 8 & Up

3:00 Black Jack Card Game
 @ Clubhouse
 Ages 18 & Up

4:00 H.O.R.S.E
 @ Gym, Ages 14 & up

5:00 Bingo for Fun
 @ Clubhouse
 Ages 18 & Up

6:00 Nuke Em Volleyball
 @ Gym
 All Ages

7:00 Movie Night
 @ Treetop Lounge
 Check the Gym for
 weekly movie schedule.
 Popcorn will be sold for
 \$1.00/per bag.



Friday

9 a.m.-10 p.m. Open Gym
 12 p.m.-8 p.m. Indoor Pool Open
 See opposite side for Pool Info
 10 a.m.-10 p.m. Clubhouse Open

10:00 & 11:15 Water Aerobics
 Class @ Indoor Pool
 The Indoor Pool will be closed
 to swimmers for the duration
 of the class

10:00 Crafts @ WAC
 Craft Room (\$)

11:00 Apples to Apples
 @ Treetop Lounge
 Ages 12 & up

12:00 Color Your Own Tote
 Bag @ Treetop Lounge
 All Ages (\$5)

1:00 Corn Hole @ Softball
 Field, Ages 12 & Up

2:00 Connect 4 @ Treetop
 Lounge, Ages 7 & Up

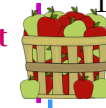
3:00 Trivia Pursuit
 @ Clubhouse, Ages 18 & Up

4:00 Scavenger Hunt
 @ Gym, All Ages

5:00 Around The World
 @ Gym, All Ages

6:00 Go Fish @ Treetop
 Lounge, All Ages

7:00 Movie Night
 @ Treetop Lounge
 Check the Gym for weekly
 movie schedule. Popcorn will
 be sold for \$1.00/per bag.



Recreation Information for September 2018

MARINA HOURS

Monday - Friday @ Gym from 9 a.m.– 7:00 p.m.
Saturday - Sunday @ Marina 7 a.m.– 7:00 p.m.



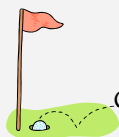
Jon Boats: \$5/hour or \$25/all day
Paddle Boats: \$5/half hour

Check with the REC Staff for boat regulations and due back times.

MUST HAVE RESORT ID PRESENT TO RENT BOAT!

MINI-GOLF HOURS

Monday - Thursday @ Gym 9a.m.-9p.m.
Fridays - 9a.m.– 4p.m. Rentals from Gym
Fridays - 4p.m.-10p.m. @ Golf Shack
Saturday & Sunday 10a.m-9p.m. @ Golf Shack
Weather Permitting.
\$1 for Members & Guests
\$2 for Public use
Children Ages 5 & under are FREE!



Last game goes out a half-hour before close!

CLUB HOUSE HOURS

18 and up ONLY

Sunday - Thursday 10a.m.-9 p.m.
Friday - Saturday 10a.m.-10p.m

Free Wi-Fi and Local Attraction Information
Pool Table, Darts, Card and Board Games are available to use with your Resort ID. Pool Table use is \$1/half hour
TV room with couches to watch movies. Wide Screen TV with couches to watch satellite TV.

***When reserved for a private event the Club House will close one hour prior to the start of the event.**

Knockerball®

Hop into a giant inflated ball and have a blast! You can play soccer with teams, play tag with your friends, or just get silly!
Minimum height to play is 4' tall, maximum weight is 280 lbs.

For a 30 minutes of fun:

Members: \$10/Person **Public:** \$12/Person

Or for a whole hour:

Members: \$15/Person **Public:** \$20/Person

Groups of 10 or more receive a \$2 discount per person. Call (540) 972-7433 ext. 8 for more info or to make a reservation!

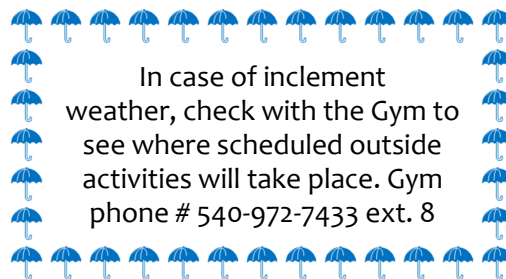
Drop-In Play WEEKENDS ONLY!

Stop by the field by Mini Golf between the hours of 9 a.m.-2 p.m. (depending on weather & field conditions) to play without needing a reservation. 10 minutes of play available during this time for just \$5. Reservations receive first priority.



Knockerball Night on Thursdays
5:00-7:00 p.m. @ Front Field
Sign up at Gym, \$8 for 30 minutes of play!

For the safety and enjoyment of everyone, all children ages 12 and under MUST be accompanied by an adult 18 years or older.



In case of inclement weather, check with the Gym to see where scheduled outside activities will take place. Gym phone # 540-972-7433 ext. 8

Reminder:
Please don't feed the Swans or Geese!
Thank you!



Adventure Park

The Adventure Park will be open from 10 a.m. - 5 p.m. Saturdays & Sundays.
Park Closes 1:30-2:00p.m. daily.
For weekday hours and for additional information please call:
(540) 972-7433 ext. 8

Water Aerobics

Water Aerobics every **Mondays, Wednesdays & Fridays at 10 a.m. & 11:15 a.m.** at our indoor pool unless otherwise posted and weather permitting.
The Pool will be closed to swimmers for the duration of the class.



Our program is a 60 minute, full body workout. It starts with a 3-5 minute warm-up, followed by stretching, then 15-20 minutes of aerobic work, followed by strengthening, more stretching and a relaxing cool-down. All of which is choreographed to music. We hope to see you there!

RESORT POOL INFORMATION

Indoor Pool: 12 p.m. - 8 p.m. Daily

The pool will open after Water Aerobics Classes on Mondays, Wednesdays, and Fridays.

Presidential Pool: Saturdays & Sundays 12 p.m. - 8p.m.

The pool will remain open on the weekends depending on the water temperature. Contact our Recreation Staff for the most up to date info.

Have fun at Wilderness Presidential Resort!

For more ideas on things to do around town, check out:
Fredericksburg.com & Visitfred.com