



# September 2019 WEEKDAY ACTIVITY SCHEDULE



## Monday

9:00 a.m.-9:00 p.m. Open Gym  
9:00 a.m.-9:00 p.m. Clubhouse Open  
12:00-8:00 p.m. Indoor Pool

10:00 & 11:15 Water Aerobics Class - The Indoor Pool will be closed to swimmers for the duration of the class.

10:00 Coffee & Crosswords @ Clubhouse, Ages 18 & Up

11:00 Color Your Own Tote Bag @ Treetop Lounge All Ages (\$5)

12:00 Game of Pool @ Clubhouse Ages 18 & Up

1:00 Playdough Time @ Treetop Lounge All Ages

2:00 Apples to Apples @ Treetop Lounge Ages 12 & Up

 3:00 Lego Fun @ Treetop Lounge All Ages

4:00 Game of Chess @ Treetop Lounge Ages 12 & Up

5:00 3 on 3 Basketball @ Gym, Ages 14 & Up

6:00 Badminton @ Gym, Ages 6 & Up

7:00 Movie Night @ Treetop Lounge  
Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.

## Tuesday

9:00 a.m.-9:00 p.m. Open Gym  
9:00 a.m.-9:00 p.m. Clubhouse Open  
12:00-8:00 p.m. Indoor Pool

10:00 Boggle, Jr. @ Treetop Lounge Ages 3 & Up

11:00 Color Your Own Tote Bag @ Treetop Lounge All Ages (\$5)

12:00 Air Hockey @ Clubhouse Ages 18 & Up

1:00 Pac-Man Tag @ Gym Ages 6 & Up

2:00 UNO Card Game @ Treetop Lounge Ages 7 & Up

 3:00 Cornhole @ Gym Ages 12 & Up

4:00 Ribbon Wand Fun @ Gym All Ages

5:00 Ping Pong @ Gym Ages 8 & Up

6:00 Scoop Ball @ Gym Ages 5 & Up

7:00 Movie Night @ Treetop Lounge  
Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



## Wednesday

9:00 a.m.-9:00 p.m. Open Gym  
9:00 a.m.-9:00 p.m. Clubhouse Open  
12:00-8:00 p.m. Indoor Pool

10:00 & 11:15 Water Aerobics Class - The Indoor Pool will be closed to swimmers for the duration of the class.

10:00 Puzzle Time @ Treetop Lounge, All Ages

11:00 Color Your Own Tote Bag @ Treetop Lounge All Ages (\$5)

12:00 Scrabble @ Clubhouse Ages 18 & Up

1:00 Pickleball @ Gym Ages 12 & Up

2:00 Chutes & Ladders @ Treetop Lounge Ages 3 & Up

3:00 Jump Rope Fun @ Gym, All Ages

4:00 H.O.R.S.E. @ Gym Ages 10 & Up

5:00 Disc Golf Meet @ Gym Ages 14 & Up

6:00 Human Hungry Hippos @ Gym, Ages 6 & Up

7:00 Movie Night @ Treetop Lounge  
Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



## Thursday


9:00 a.m.-9:00 p.m. Open Gym  
9:00 a.m.-9:00 p.m. Clubhouse Open  
12:00-8:00 p.m. Indoor Pool

10:00 Board Game Fun @ Treetop Lounge All Ages

11:00 Color Your Own Tote Bag @ Treetop Lounge All Ages (\$5)

12:00 Sudoku @ Clubhouse Ages 18 & Up

1:00 Sand Volleyball @ Sand Volleyball Court Ages 12 & Up

 2:00 Wiffleball Meet @ Gym Ages 6 & Up

3:00 Hospital Tag @ Gym Ages 6 & Up

4:00 Bubble Fun Meet @ Gym, All Ages

5:00 Wii Games @ Gym Ages 6 & Up

5:00-7:00 Knockerball® Night @ Front Field  
Sign up in the Gym by 4 p.m. to participate, \$8/person for 30 minutes of play! Must be 3' tall, tennis shoes are required to play.

7:00 Movie Night @ Treetop Lounge  
Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.

## Friday

9:00 a.m.-9:00 p.m. Open Gym  
9:00 a.m.-9:00 p.m. Clubhouse Open  
12:00-8:00 p.m. Indoor Pool

10:00 & 11:15 Water Aerobics Class - The Indoor Pool will be closed to swimmers for the duration of the class.

10:00 Coffee & Coloring @ Clubhouse Ages 18 & Up

11:00 Color Your Own Tote Bag @ Treetop Lounge All Ages (\$5)

12:00 Game of Jenga @ Clubhouse, Ages 18 & Up

1:00 Line Tag @ Gym Ages 6 & Up

2:00 Hula Hoop Fun @ Gym, All Ages

3:00 Yahtzee @ Treetop Lounge, Ages 8 & Up

4:00 Scooter Races @ Gym Ages 6 & Up

5:00 Floor Hockey @ Gym, Ages 8 & Up

6:00 Knock Out Basketball @ Gym Ages 12 & Up



7:00 Movie Night @ Treetop Lounge  
Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



# Recreation Information for September 2019



## MARINA HOURS

Marina rentals will be run from Gym Monday-Friday 9 a.m. to dusk and will depend on the weather.

Jon Boats: \$5/hour or \$15/all day

Paddle Boats: \$5/half hour

Check with the REC Staff for boat regulations and due back times



**MUST HAVE RESORT ID OR CABIN PASS PRESENT TO RENT BOAT!**

## MINI-GOLF HOURS

Mini - Golf rentals will be run from the Gym Monday-Friday and at the Golf Course Saturday-Sunday between 9 a.m.-9 p.m.



Members & Resort Guests \$1/each

Public \$2/each

Children Ages 5 & under are FREE!

*Last game goes out a half-hour before close!*

## CLUB HOUSE HOURS

18 and up ONLY

Sunday-Thursday 9 a.m. - 9 p.m.

Friday-Saturday 9 a.m. - 10 p.m.

Free Wi-Fi and Local Attraction Information Pool Table, Darts, Card and Board Games are available to use with your Resort ID.

Pool Table use is \$1/half hour

TV room with couches to watch movies. Big Screen TV with couches to watch satellite TV.

**\*When reserved for a private event the Club House will close 1 hour prior to the start of the event.**

## ADVENTURE PARK HOURS

The Adventure Park is open on weekends ONLY through the month of November, from 10 a.m.- 5:00 p.m.

*Ages 5 & Up. Participants must weigh 40-250 lbs.*

*To make a call-head reservation, contact the Adventure Park at (540) 972-7433 ext. 632.*

## Knockerball®

Hop into a giant inflated ball and have a blast! You can play soccer with teams, play tag with your friends, or just get silly!

Minimum height to play is 3' tall, maximum weight is 280 lbs.

For a 30 minutes of fun:

**Members: \$10/Person Public: \$12/Person**

Or for a whole hour:

**Members: \$15/Person Public: \$20/Person**

Groups of 10 or more receive a \$2 discount per person. Call (540) 972-7433 ext. 8 for more info or to make a reservation!

**Knockerball Night on Thursdays 5-7 p.m. @ front field. Sign up at the Gym by 4 p.m. Thursday, \$8 for 30 minutes of play!**



We hope you have a fun and enjoyable stay with us here at Wilderness Presidential Resort!

## WATER AEROBICS AT INDOOR POOL

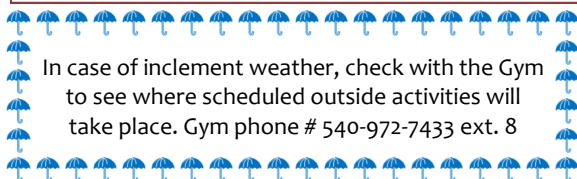
Water Aerobics Class is every **Monday, Wednesday, and Friday at 10:00 a.m. and 11:15 a.m.**

The Pool will be closed to swimmers for the duration of the class.

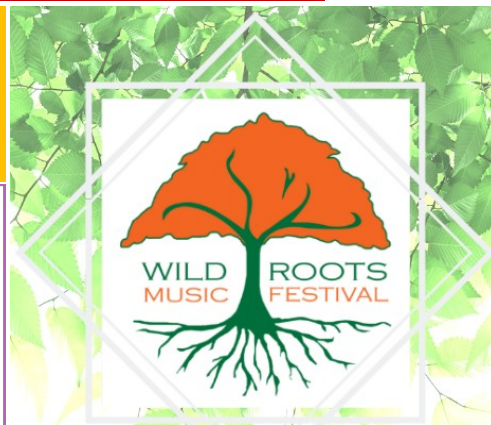
Our program is a 60 minute, full body workout. It starts with a 3-5 minute warm-up, followed by stretching, then 15-20 minutes of aerobic work, followed by strengthening, more stretching and a relaxing cool-down. All of which is choreographed. to music. We hope to see you there!

## INDOOR & PRESIDENTIAL POOL INFORMATION

The Indoor Pool is open from 12-8 p.m. daily. The Presidential Pool will be open 12-8 p.m. on Saturdays and Sundays dependent on water temperature.



In case of inclement weather, check with the Gym to see where scheduled outside activities will take place. Gym phone # 540-972-7433 ext. 8



**9.21.19 | 12-8 P.M.**

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