

What is Knockerball®?

An all-encompassing, protective, safe, single chambered ball of air with inner handles and shoulder straps that enables you to almost literally defy gravity and defy pain. Warning: Two or more will make you laugh till your sore.

Do we own Knockerball®?

No, we are an independent, local company. Knockerball® is the trademark name of the ball we employ in our business.

What is provided with the rental event?

We provide the location and full setup/breakdown of the Knockerballs®. One of our Recreation staff members will be available for the duration of the event to oversee safety and help facilitate games. We will also provide equipment such as cones, soccer balls and goals for various games that may be played.

What do we wear to participate?

Athletic/tennis shoes are **REQUIRED** to be worn during play. Sandals, cleats, etc. are **NOT PERMITTED**. If you'd like to bring your own shin protection or kneepads those are permitted. Clothing that you're comfortable moving in is suggested. Pockets must be emptied prior to play and jewelry must be removed.

Are there any height, weight, or age restrictions?

There are four sizes of Knockerballs® available for use. The small 1.0 Meter ball weighs approximately 9 lbs. and is suitable for those 3' - 3'4". The medium 1.2 Meter ball weighs approximately 12 lbs. and is suitable for those 3'4" -5'. The large 1.5 Meter ball weighs approximately 15 lbs. and is suitable for those 5' - 5'9". The x-large 1.8 M ball weighs approximately 20 lbs. and is suitable for those 5'9" -6'6". The Knockerball® is worn just like a backpack. It is important that the ball cover above your head to just above your knees to maintain protection during rougher play.

While there is no minimum weight limit, we have a maximum weight limit of 280 lbs.

All participants under the age of 18 MUST have adult supervision at ALL times.

How do we play?

We have three ways to play. The first way is by making a reservation for your group to play in our big field at the front of the resort. We ask that reservations are made at least two hours in advance to ensure proper staffing and availability. We may be able to accommodate groups on a shorter notice, but there is no guarantee.

The second way to play is to join us when we host our Knockerball® Nights in our Gym or outside. Sign-up with the Recreation staff by 4 p.m. on the day of the event to secure your space to play. If space is available, there may be an opportunity to sign-up during the event. Depending on the time of year, we'll have 3-4 half hour sessions available.

The third way to play is during our drop in sessions available daily between Memorial Day and Labor Day. As weather permits we'll have the Knockerballs® ready to go in the field at the front of our resort by our Mini Golf Course. This will be offered between 9 a.m. and 2 p.m. daily.

How does weather affect play?

The ideal temperature is between 50 °- 85 °F. This is not only for your comfort, but also for the performance of the Knockerball®. During the high point of summer heat we recommend making early morning or late evening reservations for play to avoid the afternoon heat. This is for participant safety. Once there is a threat of inclement weather, including strong winds (at or in excess of 20 mph) or thunderstorms (especially when lightening is present), play will stop immediately as a safety precaution.

Looking to book something when the weather outside has a bit of chill to it? Reservations from October through April can be made for inside our Gym when available.