

NOVEMBER WEEKDAY ACTIVITY SCHEDULE

Monday

Resort Amenities:

9 am - 9 pm Gym
 9 am - 5 pm Boat Rentals from Gym
 12:30 pm - 8 pm Indoor Pool
 9 am - 4 pm Mini Golf from the Gym
 3 pm - 8:15 pm Escape Room & Geode Cracking
 3:30 pm - 5 pm Ice Skating
 4 pm - 9 pm Mini Golf Shack Open

Last boat goes out an hour before closing everyday

Monday Activities:

11 am - 5 pm Gym Games. Stop by to play!
 10 am & 11:15 am Water Aerobics Class See back for more details
 3 pm Rocket Class
**Reservations Required See back for more details.*
 3:30 pm - 6 pm Ice Skating See back for more details and session times.
 6:30 pm Water Aerobics Class See back for more details.



Tuesday

Resort Amenities:

9 am - 2:30 pm Archery
 9 am - 9 pm Gym
 9 am - 5 pm Boat Rentals from Gym
 12:30 pm - 8 pm Indoor Pool
 9 am - 4 pm Mini Golf from the Gym
 3 pm - 8:15 pm Escape Room & Geode Cracking
 3:30 pm - 5 pm Ice Skating
 4 pm - 9 pm Mini Golf Shack Open

Last boat goes out an hour before closing everyday

Tuesday Activities:

9 am, 10:30 am, 12 pm, & 1:30 pm Archery Classes @ Gym
 \$6 Members & Guests; \$10 Public Reservations Required.
 10 am & 11:15 am Water Aerobics Class See back for more details.
 11 am - 5 pm Gym Games. Stop by to play!
 3:30 pm - 6 pm Ice Skating See back for more details and session times.
 6:30 pm Water Aerobics Class See back for more details.

Wednesday

Resort Amenities:

9 am - 2:30 pm Archery
 9 am - 9 pm Gym
 9 am - 5 pm Boat Rentals from Gym
 12:30 pm - 8 pm Indoor Pool
 9 am - 4 pm Mini Golf from the Gym
 3 pm - 8:15 pm Escape Room & Geode Cracking
 3:30 pm - 5 pm Ice Skating
 4 pm - 9 pm Mini Golf Shack Open

Last boat goes out an hour before closing everyday

Wednesday Activities:

8:45 am Gentle Yoga @ Clubhouse - \$8/person Reservations Required. See back for details
 9 am, 10:30 am, 12 pm, & 1:30 pm Archery Classes @ Gym
 \$6 Members & Guests; \$10 Public Reservations Required.
 10 am & 11:15 am Water Aerobics Class See back for more details.
 11 am - 5 pm Gym Games. Stop by to play!
 3:30 pm - 6 pm Ice Skating See back for more details and session times.
 6:30 pm Water Aerobics Class See back for more details.

Thursday

Resort Amenities:

9 am - 2:30 pm Archery
 9 am - 9 pm Gym
 9 am - 5 pm Boat Rentals from Gym
 12:30 pm - 8 pm Indoor Pool
 9 am - 4 pm Mini Golf from the Gym
 3 pm - 8:15 pm Escape Room & Geode Cracking
 3:30 pm - 5 pm Ice Skating
 4 pm - 9 pm Mini Golf Shack Open

***Last boat goes out an hour before closing everyday**

Thursday Activities:

9 am, 10:30 am, 12 pm, & 1:30 pm Archery Classes @ Gym
 \$6 Members & Guests; \$10 Public Reservations Required.
 10 am & 11:15 am Water Aerobics Class See back for more details.
 11 am - 5 pm Gym Games. Stop by to play!
 3 pm Rocket Class
**Reservations Required See back for more details.*
 3:30 pm - 6 pm Ice Skating See back for more details and session times.

Friday

Resort Amenities:

9 am - 9 pm Gym
 9 am - 5 pm Boat Rentals from Gym
 12:30 pm - 8 pm Indoor Pool
 9 am - 4 pm Mini Golf from the Gym
 3 pm - 8:15 pm Escape Room & Geode Cracking
 3:30 pm - 5 pm Ice Skating
 4 pm - 9 pm Mini Golf Shack Open

Last boat goes out an hour before closing everyday

Friday Activities:

10 am & 11:15 am Water Aerobics Class See back for more details.
 11 am - 5 pm Gym Games. Stop by to play!
 3:30 pm - 6 pm Ice Skating See back for more details and session times.
 6 pm Movie Night @ Treetop Lounge in the Gym (Popcorn \$1 & Bottled Water \$1)
November 11 & 25 only:
 7-10 p.m. Karaoke Night @ Clubhouse with DJ Cathy
 \$5/person, cash only, Ages 18 & up, Alcohol not permitted.

A Few Friendly Reminders While Experiencing the Resort...

SWIM FLOATS: Approved **ONLY** for infants at all of our pools. No floats otherwise will be allowed at **ANY** pool.

AMENITY PASS / POOL ENTRY PASS: In order to use **ANY** of the Amenities within the Resort and to enter **ANY** of the pools, a **VALID 2022** member ID or Guest Pass must be present. One ID is valid for the Member / Guest plus 5 others. This includes children. Groups over 6 without an additional ID will be asked to obtain one. **ENTRY WILL NOT BE ALLOWED OTHERWISE!** To obtain an updated 2022 ID, please see Reservations any day 9 am - 5 pm.



Recreation Information for November 2022

ICE SKATING

Mon - Fri: 3:30 pm - 5 pm
(session times: 3:30 pm - 4:30 pm & 5 pm - 6 pm)
Sat & Sun: 12:30 pm - 5 pm
(session times: 12:30 pm - 1:30 pm; 2 pm - 3 pm;
3:30 pm - 4:30 pm & 5 pm - 6 pm)

A fantastic way to enjoy the Wilderness outdoors all year long. This unique surface simulates the real thing allowing guests to skate winter, spring, summer and fall. The new facility is equipped for skate rentals and cute little polar bear skate assists for those needing help balancing. \$10 / hour; \$5 / Skate Rental; \$8 / Polar Bear Assist
No Reservations Required!

INDOOR POOL

Monday - Friday: 12:30 pm - 8 pm
Saturday: 11:30 am - 8 pm
Sunday: 12 pm - 8 pm

**No lifeguards will be on duty for the indoor pool after labor day, it's swim at your own risk! Children ages 12 & younger MUST have an adult with them at all times!*

MINI-GOLF AND GEM MINE

Mon - Fri: 9 am - 4 pm @ Gym & 4 pm - 9 pm @ Shack
Sat & Sun: 9 am - 9:30 pm @ Shack

Mini Golf Prices

Members & Overnight Guests : \$1 / person;
Public: \$2 / person;

Children Ages 5 & under are FREE!

Gem Mine Prices: Vary depending on size of bag selected

Last game goes out a half-hour before close!



Lucky Duck Speakeasy Escape Room

Monday - Friday: 3 pm - 8:15 pm
Saturday & Sunday: 9:30 am - 8:15 pm
\$15 / Person; Children ages 7 & under: \$5
Reservations Required

Recommended for those age 8 & up

Located at the Wilderness Activity Center

KNOCKERBALL®

An all-encompassing, protective, safe, single chambered ball of air with inner handles & shoulder straps that enables you to almost defy gravity. Must be at least 3ft tall and under 280lbs to participate with a signed liability waiver by parent/guardian. Closed toe and heeled shoes required for play. Located at the Gym.

Please contact the Recreation Department to Reserve a spot at (540) 972-7433 Ext. 8

Members & Overnight Guests: \$12 / person
Public: \$18 / person

One hour time slot includes safety instruction & playtime.



WILDERNESS ACTIVITY CENTER

Geode Cracking:

Come take a "crack" at opening your own gems.
Adult supervision **REQUIRED** for children under the age of 13.

Mon. - Fri: 3 pm - 8:15 pm Sat. & Sun: 9:30 am - 8:15 pm
Small: \$5 & Medium: \$8



WATER AEROBICS

at Paulson Indoor Pool

Monday: 10 am, 11:15 am, & 6:30 pm
Tuesday: 10 am, 11:15 am, & 6:30 pm
Wednesday: 10 am, 11:15 am, & 6:30 pm
Thursday: 10 am & 11:15 am,
Friday: 10 am & 11:15 am
Saturday: 10 am

Our program is a 60 minute, full body workout. It starts with a 3-5 minute warm-up, followed by stretching, then 15-20 minutes of aerobic work, followed by strengthening, more stretching and a relaxing cool-down. All of which is choreographed to music. Class Capacity: 15.

Ages 14 & up only.

Members & Overnight Guests: **Free**; Public: \$10

Punch Cards are available at the Gym = \$80 for 10 classes



Gentle Yoga Classes at the Clubhouse on Wednesdays at 8:45 a.m. - Must Register for Class by Tuesdays at 7 p.m.

Classes are suitable for beginners through advanced practitioners. Sign-up for classes by calling our Recreation Dept. at 540-972-7433 ext. 8. Classes are available to members and resort overnight guests for \$8/person. Bring your own yoga mat or use one of ours. *Minimum class attendance must be met each week, otherwise classes may be cancelled.



ARCHERY

Reservations required & are first come, first serve. Closed toe shoes **MUST** be worn to participate. ALL bows are compound bows unless specified Jr or Recurve Bows. Ages 6 & Up. Hour long classes held on Tuesday, Wednesday, Thursday, and Saturday: 9 am, 10:30 am, 12 pm, & 1:30 pm

Please contact the Recreation Department to Reserve a spot no later than 7 pm the day before class at (540) 972-7433 Ext. 8
Members & Overnight Guests: \$6; Public: \$10

ROCKET CLASS

3, 2, 1, BLAST OFF! Launching this spring we'll be offering a two hour Intro to Model Rocketry Class for those ages 10 and older. During class you'll get a brief rocket history lesson along with an intro to NASA, space exploration, building rockets, and model rockets. Then with guidance from the instructor, you'll start building your own model rocket. Once rockets are completed, we'll be heading outside to launch your rocket where it will reach about a 200' altitude. Adult supervision **REQUIRED** for children under the age of 13.

Please contact the Recreation Department to Reserve a spot no later than 2 pm the day of class at (540)972-7433 Ext. 8

Mondays & Thursdays: 3 pm
Members & Overnight Guests: \$25; Public: \$30;
Spectators: \$10; Relaunch: \$5



BICYCLE RENTALS

Per Bike: 1 Hour: \$10; 4 Hours: \$35; All Day (9 am - 7 pm): \$60

Now Available at the Gym!!!!



JON BOATS

Daily: 9 am - 5 pm @ Gym

Rentals dependent on the weather.

Last rental goes out 1 hour prior to closing.

Jon Boats: \$6 / hour or \$20 / all day

Trolling Motors: \$10 / hour Or \$50 / all day

Check with the REC Staff for boat regulations and due back times.

MUST HAVE RESORT ID OR CABIN PASS PRESENT TO RENT!