



# MARCH WEEKDAY ACTIVITY SCHEDULE



## Monday

### Resort Amenities:

9 am - 4 pm Clubhouse Open  
9 am - 8 pm Mini Golf from the Gym  
9 am - 8 pm Open Gym (Includes Indoor Pickleball)  
10 am - 4 pm Jon Boat Rentals from the Gym  
10 am - 8 pm Ice Skating & Curling  
12:30 pm - 8 pm Indoor Pool  
3 pm - 8:15 pm Escape Room & Geode Cracking

*\*Last boat goes out an hour before closing everyday\**

### Monday Activities:

9 am - 8 pm Indoor Pickleball  
10 am, 11:15 am & 6:30 pm Water Aerobics Class  
See back for more details.  
10 am - 8 pm Gym Games. Stop by to play!  
2 pm Rocket Class  
\*Reservations Required  
See back for more details.

## Tuesday

### Resort Amenities:

9 am - 4 pm Clubhouse Open  
9 am - 8 pm Mini Golf from the Gym  
9 am - 8 pm Open Gym (Includes Indoor Pickleball)  
10 am - 4 pm Jon Boat Rentals from the Gym  
10 am - 8 pm Ice Skating & Curling  
12:30 pm - 8 pm Indoor Pool  
3 pm - 8:15 pm Escape Room & Geode Cracking

*\*Last boat goes out an hour before closing everyday\**

### Tuesday Activities:

9 am - 8 pm Indoor Pickleball  
10 am & 11:15 am Water Aerobics Class  
See back for more details.  
10 am - 8 pm Gym Games. Stop by to play!



## Wednesday

### Resort Amenities:

9 am - 4 pm Clubhouse Open  
9 am - 8 pm Mini Golf from the Gym  
9 am - 8 pm Open Gym (Includes Indoor Pickleball)  
10 am - 4 pm Jon Boat Rentals from the Gym  
10 am - 8 pm Ice Skating & Curling  
12:30 pm - 8 pm Indoor Pool  
3 pm - 8:15 pm Escape Room & Geode Cracking

*\*Last boat goes out an hour before closing everyday\**

### Wednesday Activities:

9 am - 8 pm Indoor Pickleball  
10 am, 11:15 am, 6:30 pm Water Aerobics Class  
See back for more details.  
10 am - 8 pm Gym Games. Stop by to play!  
2 pm Rocket Class  
\*Reservations Required.  
See back for more details.

## Thursday

### Resort Amenities:

9 am - 8 pm Mini Golf from the Gym  
9 am - 8 pm Open Gym (Includes Indoor Pickleball)  
10 am - 4 pm Jon Boat Rentals from the Gym  
10 am - 8 pm Ice Skating & Curling  
12 pm - 4 pm Clubhouse Open  
12:30 pm - 8 pm Indoor Pool  
3 pm - 8:15 pm Escape Room & Geode Cracking

*\*Last boat goes out an hour before closing everyday\**

### Thursday Activities:

9 am - 8 pm Indoor Pickleball  
10 am & 11:15 am Water Aerobics Class. See back for more details.  
10 am & 1:30 pm Ceramic Painting with Lori @ Wilderness Activity Center \$5 - \$30/ceramic. Reservations required. Contact Lori at 540-972-7433 ext. 235 to schedule!  
10 am - 8 pm Gym Games. Stop by to play!  
2 pm Rocket Class  
\*Reservations Required  
See back for more details.

## Friday

### Resort Amenities:

9 am - 4 pm Clubhouse Open  
9 am - 8 pm Mini Golf from the Gym  
9 am - 9 pm Open Gym (Includes Indoor Pickleball)  
10 am - 4 pm Jon Boat Rentals from the Gym  
10 am - 8 pm Ice Skating & Curling  
12:30 pm - 8 pm Indoor Pool  
3 pm - 8:15 pm Escape Room & Geode Cracking

*\*Last Boat goes out an hour before closing everyday\**

### Friday Activities:

9 am - 9 pm Indoor Pickleball  
10 am & 11:15 am Water Aerobics Class  
See back for more details.  
10 am & 1:30 pm Ceramic Painting with Lori @ Wilderness Activity Center \$5 - \$30/ceramic. Reservations required. Contact Lori at 540-972-7433 ext. 235 to schedule!  
10 am - 9 pm Gym Games. Stop by to play!  
10 am, 11:15 am, & 12:30pm Archery Class  
See back for details.

**A Few Friendly Reminders for Experiencing the Resort... Children ages 12 & younger MUST be supervised by an adult age 18 or older at all times!**

**AMENITY PASS / POOL ENTRY PASS:** In order to use the GYM, ANY of the Amenities within the Resort, and to enter ANY of the pools, a VALID 2024 member ID or Guest Pass must be present. **ENTRY WILL NOT BE ALLOWED OTHERWISE!** To obtain an updated 2024 ID, please see Reservations any day 9 am - 5 pm.



## General Recreation Information for March



### SYNTHETIC ICE SKATING & CURLING

Everyday: 10 am - 8 pm

A fantastic way to enjoy the Wilderness outdoors all year long. This unique surface simulates the real thing allowing guests to skate winter, spring, summer and fall. The new facility is equipped for skate rentals and cute little polar bear skate assists for those needing help balancing.

\$8 / hour; \$3 / Skate Rental \$5/30 Min Curling Session  
No Reservations Required! Weather Permitting.

### RESORT POOLS

#### Indoor Pool:

- \*Monday - Friday: 12:30 pm - 8 pm (Closed Mondays Wednesday 6:15pm - 7:30 pm for Water Aerobics)
- \*Saturday: 11:15 am - 8 pm
- \*Sunday: 10 am - 8 pm

**INDOOR POOL:** This pool is a "SWIM AT YOUR OWN RISK POOL". There is no lifeguard on duty at any time.

**FLOATS:** Approved **ONLY** for infants. No floats otherwise will be allowed at **ANY** pool.

**POOL ENTRY PASS:** In order to enter **ANY** of the pools, a **VALID 2024 member ID** or **Guest Pass** must be present. One ID is valid for the Member / Guest plus 5 others. This includes children. Groups over 6 without an additional ID will be asked to obtain one. **ENTRY WILL NOT BE ALLOWED OTHERWISE!** To obtain an updated 2023 ID, please see Reservations any day 9 am - 5 pm.

### WATER AEROBICS

at Paulson Indoor Pool

Monday: 10 am, 11:15 am, & 6:30 pm  
Tuesday: 10 am & 11:15 am  
Wednesday: 10 am, 11:15 am, & 6:30 pm  
Thursday: 10 am & 11:15 am  
Friday: 10 am & 11:15 am  
Saturday: 10 am



Our program is a 60 minute, full body workout. It starts with a 3-5 minute warm-up, followed by stretching, then 15-20 minutes of aerobic work, followed by strengthening, more stretching and a relaxing cool-down. All of which is choreographed to music. Ages 14 & up only.  
Members & Overnight Guests: **Free**; Public: \$10

*Punch Cards are available at the Gym = \$80 for 10 classes*

### KNOCKERBALL®

An all-encompassing, protective, safe, single chambered ball of air with inner handles & shoulder straps that enables you to almost defy gravity. Must be at least 3ft tall and under 280lbs to participate with a signed liability waiver by parent/guardian. Closed toe and heeled shoes required for play.



**Please contact the Recreation Department to Reserve a spot at (540) 972-7433 Ext. 8**

\$8 / person

*One hour time slot includes safety instruction & playtime.*

### WILDERNESS ACTIVITY CENTER

Monday - Friday 3 pm - 8:15 pm;  
Saturday & Sunday 9:30 am - 8:15 pm

#### Geode Cracking:

Come take a "crack" at opening your own gems.  
Adult supervision **REQUIRED** for children under the age of 13.



Small: \$8 & Medium: \$13

#### Lucky Duck Speakeasy Escape Room

\$8 / Person; Children ages 7 & under: \$5

Reservations required through wpresort.com

*Recommended for those age 8 & up*



### MINI-GOLF

Daily: 10 am - 8 pm Rented from the Gym

Members & Overnight Guests : \$1 / person;  
Public: \$2 / person; Children Ages 5 & under are **FREE!**

*Last game goes out a half-hour before close!*



## IT'S BACK!!!! Archery Class

Fridays & Saturdays: 10 am, 11:15 am, & 12:30

1 hour class @ Gym, Ages 6 & up.

\$6 (Owner) \$ 10 (Public)

**Reservations must be made by 7 pm the day prior to class.**

Closed toe shoes required.



## WINTER REMINDER!!!

**DANGER!!!** Please remain off ice on the lakes when frozen!



During inclement weather, please check with the Gym for any adjustments in the Amenities / Activities Schedule.

### ROCKET CLASS

3, 2, 1, BLAST OFF! We offer a two hour Intro to Model Rocketry Class for those ages 10 and older. During class you'll get a brief rocket history lesson along with an intro to NASA, space exploration, building rockets, and model rockets. Then with you'll start building your own model rocket. Once rockets are completed, we'll head outside to launch your rocket where it will reach about a 200' altitude. Adult supervision **REQUIRED** for children under the age of 13.

**Please contact the Recreation Department to Reserve a spot no later than 1 pm the day of class at**

**(540)972-7433 Ext. 8**

Mondays, Wednesdays & Thursdays: 2 pm

Members & Overnight Guests: \$15; Public: \$20;  
Relaunch: \$5



### Jon Boat Rentals

Daily: 10 am - 4 pm Rented from the Gym

**Jon Boats:** \$6/hour or \$20/all day

Check with the REC Staff for boat regulations and due back times.

*Last rental goes out 1 hour prior to closing.  
Rentals dependent on the weather.*



### Indoor Pickleball **Now Available in the Gym!**

Sunday - Thursday 9 am - 8pm

Friday & Saturday 9 am - 9pm

2 courts available. Call 540-972-7433 Ext 8

